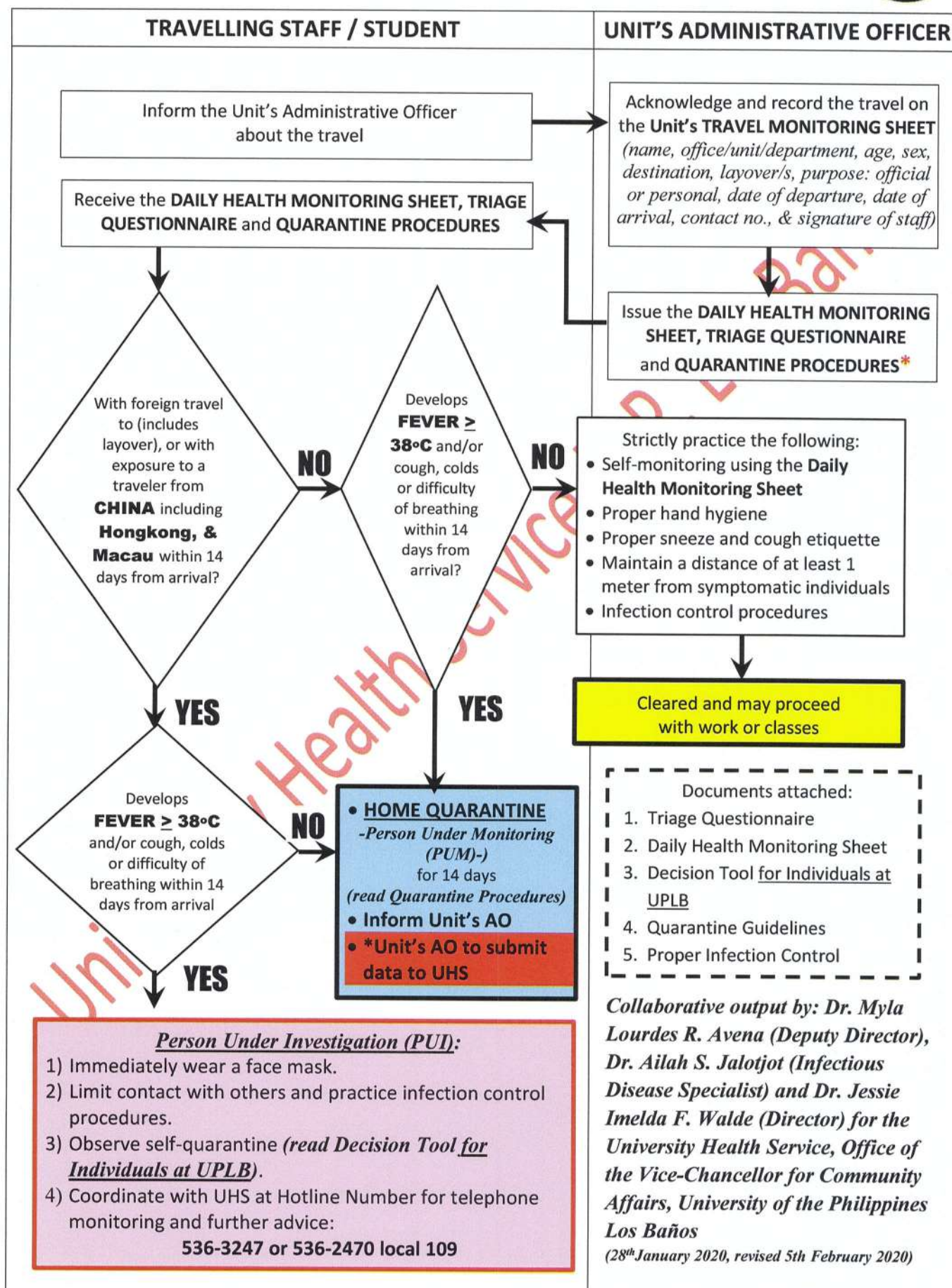




ALGORITHM FOR OFFICIAL AND PERSONAL INTERNATIONAL TRAVELS OF UPLB STAFF & STUDENTS FOR INFECTION CONTROL AGAINST EMERGING DISEASES



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(28th January 2020, revised 5th February 2020)



DECISION TOOL

FOR NOVEL CORONAVIRUS ASSESSMENT



FOR INDIVIDUALS AT THE UPLB CAMPUS

(as of February 5, 2020)

Fever	Respiratory Infection	Travel History for the past 14 days in China (includes Macau and Hongkong)	History of Exposure*	Case Category
$\geq 38^{\circ}\text{C}$	(cough AND / OR colds)			
+	+	+	+	Person Under Investigation (PUI) <ul style="list-style-type: none"> • Immediately wear mask and isolate. • Call the University Health Service or the hospital of your choice.
+	+	+	-	
+	+	-	+	
+	-	+	+	
-	+	+	+	
+	-	+	-	
-	+	+	-	
+	-	-	+	
-	+	-	+	
-	-	+	+	Person Under Monitoring (PUM) <ul style="list-style-type: none"> • Go on home quarantine for 14 days. • Monitor body temperature daily. • Observe any signs and symptoms of respiratory infection. • If symptoms worsen, call the University Health Service or the hospital of your choice.
-	-	+	-	
-	-	-	+	

*Exposure History includes:

- close contact with a confirmed case of 2019-nCoV infection or,
- a healthcare facility in a country where 2019-nCoV infections have been reported; or,
- visiting / working in a live animal market in Hubei province, China
- direct contact with animals in countries with circulating 2019-nCoV in human and animals

Reference: RITM-Department of Health, 30 January 2020

QUARANTINE PROCEDURES



- Stay at home
(For 14 days from the day of your arrival or exposure)
- Limit contact with others.
- Do self-monitoring for any of the listed symptoms to appear.



Observe proper sneeze and cough etiquette.



- Observe frequent handwashing
Cleaning your hands often keeps you from spreading germs.

→ WASH HANDS WITH SOAP AND WARM WATER FOR 20 SECONDS; OR,
→ CLEAN WITH AN ALCOHOL-BASED (70% ISOPROPYL OR 70% ETHYL ALCOHOL) HAND SANITIZER.



Cover your mouth and nose with a tissue when you cough or sneeze; or,

Cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.



You may put on a surgical mask to protect others, if you are coughing or sneezing.



There is only **ONE WAY** to properly wear your face mask.

1

Hold mask with the **COLORED SIDE FACING OUTWARD.**

The white side should be next to the face.



2

Tie all the strings (for tie-on masks) or **pull the rubber bands tight around the ears** (for ear-loop masks) properly. Confirm that the mask is secure to ensure protection.



3

Secure the nosepiece comfortably over the bridge of the nose by **CRIMPING THE METALLIC WIRE TO PREVENT LEAKAGE.**



4

Pull the mask down to cover the chin. The face mask should fully cover the nose, mouth, as well as the chin.



If any of the symptoms appear (within the 14-day monitoring period),



CALL THE UHS HOTLINE 536-3247 or 536-2470 local 109 or your HOSPITAL OF CHOICE.

Should you wear a mask?

✓ Yes. If you have respiratory symptoms - cough, difficulty breathing



✓ Yes. If you are providing care to individuals with respiratory symptoms

✓ Yes. If you are a health worker and attending to individuals with respiratory symptoms

X **NOT** needed for general public who do not have respiratory symptoms



PROPER INFECTION CONTROL

CLEAN UP!

Clean surfaces:

- WITH SOAP AND WATER
- FROM TOP TO BOTTOM
- FROM THE LEAST TO THE MOST CONTAMINATED AREAS



DISINFECT!


PREPARE AND APPLY

your disinfectant of choice onto the cleaned surfaces.

Disinfectants are inactivated by organic matter. To ensure its potency, it is important to clear and clean contaminated surfaces first before application.

Sodium hypochlorite (Zonrox®)


3 Tbsp (or 45 ml)
sodium hypochlorite
+
1 liter of water
(as directed)



CONTACT TIME: 10 MINUTES

Lysol® (liquid)

1 tsp (or 5 ml) Lysol +
1 gallon (or 3.8 liters) water
or
1 part Lysol +
300 parts water



CONTACT TIME: 10 MINUTES

Lysol® (spray)

- For absorbent surfaces such as pillows and mattresses
- Should be used in well-ventilated areas



CONTACT TIME: 10 MINUTES



TRIAGE QUESTIONNAIRE FOR U.P. LOS BAÑOS

Name (Last, First, Middle)		Date Today
With travel history abroad (within the last 14 days)? <input type="radio"/> YES <input type="radio"/> NO Where, including layover/s?		
Exposed to somebody with travel history abroad <input type="radio"/> YES <input type="radio"/> NO (within the last 14 days)? If yes, where was the travel within the last 14 days?		
Exposed to somebody who has/had 2019-nCoV? <input type="radio"/> YES <input type="radio"/> NO		
If the answer is YES to any of the questions, state the following: Date of Arrival in the Philippines:		
TICK (✓) ALL THE SYMPTOMS YOU HAVE		
<input type="radio"/> Fever	If yes, since when:	
<input type="radio"/> Headache	If yes, since when:	
<input type="radio"/> Cough	If yes, since when:	
<input type="radio"/> Colds	If yes, since when:	
<input type="radio"/> Difficulty of breathing	If yes, since when:	
I declare that all the above information are true and correct.		Signature of Patient
RECOMMENDATION/S		
<input type="checkbox"/> Wear a medical mask. Observe proper cough and sneeze etiquette.		
<input type="checkbox"/> Observe quarantine procedures.		
<input type="checkbox"/> Proceed with your transaction.		
<input type="checkbox"/> Proceed & present this form to the UHS Holding Area.		
UHS HOTLINES: 536-3247, 536-2470 loc 109	Signature of Triage Staff	

*Keep this copy for documentation and future reference.
(28th January 2020, revised 5th February 2020)

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